

Egg-Free Cinnamon Wheat Muffins

¾ cup all-purpose flour

¾ cup whole wheat flour

½ cup brown sugar

¼ cup white sugar

1 teaspoon baking powder

½ teaspoon baking soda

½ teaspoon cinnamon

1 cup buttermilk

1/3 cup Canola oil

Preheat oven to 350 degrees. Combine dry ingredients in a bowl. Add oil and milk and mix thoroughly. Fill muffin cups ½ full and bake for 15 to 20 minutes. About 165 calories per muffin. Makes 12 muffin.