

Cashew Dressing

Soak for an hour 1 cup of raw cashews or macadamia nuts, then drain and put in blender. Blend with $\frac{1}{2}$ cup water. Add $\frac{1}{3}$ cup lemon or raw apple cider vinegar. . May need to add more water to blend the cashews

Add $\frac{2}{3}$ cup first press olive oil; 1 tsp. sea salt, $\frac{1}{2}$ tsp. sage, $\frac{1}{2}$ Italian Season, optional additions-fresh basil, green or sweet onion.